



**ST. HENRY'S COLLEGE KITOVU
GENERAL TIME TABLE - 2019**

A: MONDAY TO FRIDAY (4.30 A.M. TO 5.00 P.M.)

TIME	ACTIVITY
4:30 a.m	Rising
5:00 a.m. - 6:50 a.m	Morning Prep
6:30 a.m.	Mass
6:55 a.m. - 7:35 a.m.	Breakfast
7:40 a.m. - 7:55 a.m.	Parade
8:00 a.m. - 10:55 a.m.	Classes (1 st Session)
10:55 a.m. - 11:25 a.m.	Break
11:25 a.m. - 1:00 p.m.	Classes (2 nd Session)
1:00 p.m. - 2:00 p.m.	Lunch
2:00 p.m. - 4:45 p.m.	Classes (3 rd Session)
4:45 p.m. - 5:00 p.m.	Tea/Classroom Cleaning/Dormitory Cleaning

Note: Monday 7:40 - 8:40 a.m. School Assembly/Meetings. (Download Programme)

B. MONDAY TO FRIDAY (4.50 p.m. to 10.30 p.m.)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5.00-6.00 p.m.	Games	Clubs	Work	Clubs	Games
6.00-6.30 p.m.	Personal		Hygiene		Issues
6.30-7.30 p.m.	S	U	P	P	E
7.45-10.00 p.m.	P	R	E	P	Entertainment
10.30 p.m.	L	I	G	H	T
	S	O	U	T	

**N.B. DURING EXAMINATION WEEK(S) NO FILM OR SPORTS WATCHING.
DEDICATE ALL YOUR TIME TO EXAMINATIONS AND AVOID
DISAPPOINTMENTS.**

P.T.O.

**ST. HENRY'S COLLEGE KITOVU
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C.

SATURDAY

TIME	ACTIVITY
6.30 a.m.	Rising
7.30 a.m. - 8.00 a.m.	Breakfast
8.15 a.m. - 10.00 a.m.	Prep
10.00 a.m. - 12.00 noon.	Cleaning
12.00 noon - 1.00 p.m.	Clubs
1.00 p.m. - 2.00 p.m.	Lunch
2.00 p.m. - 4.00 p.m.	Leisure
4.00 p.m. - 4.30 p.m.	Tea
4.30 p.m. - 6.00 p.m.	Games
6.00 p.m. - 6.30 p.m.	Personal Hygiene Issues
6.30 p.m. - 7.30 p.m.	Supper
7.45 p.m. - 10.00 p.m.	Prep
10.30 p.m.	Lights Out

D. SUNDAY/PUBLIC HOLIDAYS

TIME	ACTIVITY
6.30 a.m.	Rising
7.30 a.m.	Mass/Service
8.30 a.m. - 9.30 a.m.	Breakfast
9.30 a.m. - 11.00 a.m.	Prep
11.00 a.m. - 1.00 p.m.	Leisure
1.00 p.m. - 2.00 p.m.	Lunch
2.00 p.m. - 4.00 p.m.	Leisure
4.00 p.m. - 4.30 p.m.	Tea
4.30 p.m. - 6.00 p.m.	Games
6.00 p.m. - 6.30 p.m.	Personal Hygiene Issues
6.30 p.m. - 7.30 p.m.	Supper
7.45 p.m. - 10.00 p.m.	Prep
10.30 p.m.	Lights Out

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MANAGEMENT